

Create your own flavours of Thailand



NAM PRIK ONG



Northern Thai

เหนือ

Nam Prik Ong

Serves: 4

NAM PRIK ONG IS A MILDLY SPICY CHILLI DIP FROM THE NORTH OF THAILAND. IT HAS A DELICIOUS BLEND OF SWEET, SOUR AND SALTY FLAVOURS.

MAKING THIS DISH

Cut the tomatoes in half. Finely chop spring onions and coriander leaves and set aside. Slice cucumber, carrot and set aside.

Set your pan over medium heat and add oil. Fry the garlic until golden and add the red curry paste and mix until fragrant for 2-3 minutes, add minced pork and cook for 5 minutes or until the pork has cooked through.

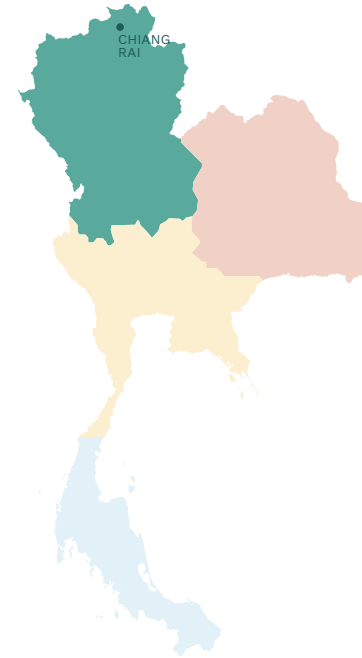
Add tomatoes and a little water, cook for another 10 minutes.

Season with sugar and fish sauce. Take off from the heat and stir through spring onion and coriander. Serve with cucumber, carrot, lettuce and crispy pork rinds.

WHAT YOU'LL NEED

500g minced pork
8 cherry tomatoes
2 tbsp red curry paste
2 tbsp fish sauce
1 tbsp sugar
8 cloves of garlic (finely chopped)
3 tbsp cooking oil
Spring onion and coriander for garnish
Cucumber, carrot, lettuce and crispy pork rinds for serving

NORTHERN THAILAND



THINGS TO SEE AND DO

Wat Rong Khun (The White Temple)
Wat Rong Suea Ten (The Blue Temple)
Baan Dam (The Black House Museum)
Take a scenic drive through the beautiful mountains to Doi Mae Salong or Doi Tung
Take a Mekong River cruise from the Golden Triangle
Explore the edutainment exhibition at the Hall of Opium
Chiang Saen Ancient City
Tea tasting with a view at Choui Fong Tea Plantation
Zip lining and dining at Singha Park
Treetop Walk at Mae Fah Luang Garden, Doi Tung
Mae Fah Luang Art and Cultural Park



CHIANG RAI

To the North of Chiang Mai, Chiang Rai is home to outstanding natural beauty, remote hill tribes, exotic wildlife and unique temples and cultural attractions.

As the area is largely mountainous, Chiang Rai is perfect for jungle trekking and mountain biking.

Once the centre of the Lanna Kingdom, then the hub of opium production and trade, thanks to the Royal Projects, the villagers now live sustainably by growing highland crops and producing handicrafts.

TRAVEL TIPS

Try to visit the White Temple early in the morning to avoid the crowds.

You'll need to bring your passport if you want to take a cruise from the Golden Triangle.

Doi Mae Salong is at its most picturesque in the cooler months (Dec – Jan) when cherry blossoms are in full bloom and morning mists cover the mountains.

The best way to explore Chiang Saen Ancient City is cycling. (Highlights include Wat Phra That Chedi Luang, Wat Pa Sak and Chiang Saen National Museum.)

Wat Phra That Pha Ngao offers a panoramic view of Mekong River and Lao PDR.

EACH OF THE FOUR DIFFERENT REGIONS OF THAILAND HAS THEIR OWN UNIQUE STYLE OF COOKING AND TASTES.

Every 10 days we will be showing you how to cook a different Thai dish from each of the 4 regions in Thailand, using ingredients you can find in Australia.

We have recipes from all regions to collect, make at home and share with your family and friends.

Remember there are more recipes and Thai cooking ideas on our website.

For more information, visit amazingthailand.com.au

